

తెలుగు అసోసియేషన్ ఆఫ్ గ్రేటర్ డెలవేర్ వ్యాలీ

Telugu Association of Greater Delaware Valley



Free online webinar for Respiratory Health

Telugu association of
Greater Delaware Valley
in partnership with Isha offers

Simha Kriya

Yoga For Respiratory Health

A simple but powerful yogic
process to boost immunity &
enhance lung capacity.

Live Online - July 26th,
11am ET

isha.us/simha-kriya-tagdv

More Info Contact

Lalitha Setty – (610) 457-3169
Sujana Venkat - (610) 635-9006



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